



Climate Change Resources by Greta Matos

Russian Long Rider Nicholas Roerich, who explored the Himalayan Mountains of Tibet, painted *Song of Shambhala*.

*“My heart is moved by all I cannot save:
so much has been destroyed*

*I have to cast my lot with those
who age after age, perversely,*

*with no extraordinary power,
reconstitute the world.”*

Adrienne Rich

When we know better, we do better!

Each and every person has a daily opportunity to make lifestyle decisions (large and small) that can contribute to the restoration of our planet. In case you are feeling curious about “how” you can consciously participate in climate change, here are a few helpful resources to start you down the path:

Equiculture: A learning platform and community of horse owners dedicated to managing land in a manner that supports the wellbeing of the horse, land and people.
www.equiculture.net

Project Drawdown: Learn about the abundance of climate solutions we have at our fingertips today.
<https://drawdown.org/>

Ecochallenge dot org: Enjoy making real environmental impact through small lifestyle changes, in community.

<https://ecochallenge.org/>

The Pachamama Alliance: Learn and connect with others about actions we can take to heal ourselves and the Earth.

<https://pachamama.org/>

The Work that Reconnects: Learn more about and connect with others processing emotions related to climate anxiety.

<https://workthatreconnects.org/>

All We Can Save: Dedicated to nurturing the leaderful climate community we need for a life- giving future.

<https://www.allwecansave.earth/>

Daughter and Mother Long Riders Sofia Alegria and Greta Matos. This environmental resource was created courtesy of Greta. To learn more about her Long Rider family and work as an ecologist visit www.curakuda.com

